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BEAUTY
BROCHURE

2021

Relax, unwind, indulge.....

Welcome to the "Cleopatra" spa area!

Beauty comes from within, from an inner balance, and from an inner feeling of well-being. This feeling of well-being is close to our hearts. This is why we have created an ambience in the beauty area "Cleopatra" in which you feel safe and secure, where you can let yourself go completely, and can rely completely on the skilled hands of our expert team. For your care, we exclusively use high-quality natural products from well-known cosmetic lines such as St. Barth, Maria Galland, and Vitalis Dr Joseph.

MARIA GALLAND
PARIS



VITALIS
DR JOSEPH



FACIAL TREATMENTS FOR HER & HIM

NATURAL PRODUCT LINE ST BARTH

Freshness approx. 80 min € 115
Enjoy an intensely relaxing facial treatment with a refreshing cucumber mask for face and décolleté. The result is a visibly clearer and more even complexion.

Pureness approx. 50 min € 78
Experience an exceptionally gentle treatment for face and décolleté. The natural vitamins have a cleansing effect and stimulate the skin's natural regeneration process.

MARIA GALLAND

Facial care and cleansing approx. 50 min € 75
Indulge in moments of well-being for your skin with a gentle cleansing and nurturing cream mask. Eyebrow correction included.



Tailored to your needs approx. 80 min € 110
Treatments and products are chosen to meet the specific needs of your skin.

Thalasso
Refreshes, revitalizes and provides an intensive supply of highly concentrated hydration.

NEW! Lumin' Éclat
The aim of this treatment is to counteract the first signs of aging. Thanks to the exclusive products, it gives the skin a young radiance again.

Soin Masque Modelant approx. 80 min € 115
This deep-pore cleansing, self-heating mineral mask has a remarkable lifting effect and provides an effective cure for various skin problems.

Anti-aging facial treatment

Lifting Absolue Jeunesse approx. 80 min € 118
Lifting treatment with a new sculpting massage that makes the skin immediately more plumped up and firmer. Wrinkles are reduced and the contour of the face is more defined.

TIP A boost of freshness for tired eyes in combination with a facial treatment

NEW! Activ' age approx. 80 min € 118
Activates the beauty of mature skin with tailor-made repulping massage for women over 50.

Soin Mille Lumières approx. 80 min € 134
The quintessence of Maria Galland's know-how: anti-ageing effects at maximum power, with luxurious textures and precious ingredients for an extraordinarily radiant look.

Look Good approx. 50 min € 66
Makeup tips for a natural look.

BEAUTIFUL EYES

Fresh kick for tired eyes approx. 30 min € 45
The cooling algae mask tightens the skin around your eyes and makes them shine again.
In combination with a facial treatment € 25

Shaping and dyeing approx. 25 min € 39
Styling for beautiful eyes and a long-lasting manicured look. Experience the change of perfectly arched eyebrows and eyelashes in a colour that highlights your natural beauty. Shaping and dyeing of eyebrows, dyeing of eyelashes.

Also bookable individually:
Shaping of eyebrows € 18
Dyeing of eyebrows € 20
Dyeing of eyelashes € 20



BODY TREATMENTS

NATURAL PRODUCT LINE ST BARTH

Softness approx. 50 min € 73
A relaxing scrub massage with fresh papaya and Caribbean salt. Final coconut or avocado oil aftercare for velvety soft, smooth skin.

Sensation approx. 50 min € 73
An intensely moisturising body wrap to pamper all senses, followed by a relaxing massage. Afterwards your skin appears smooth, velvety and soft.

Innovative cellulite programme approx. 50 min € 78
The combination of a cupping technique with effective natural products helps to efficiently and visibly reduce the appearance of cellulite in the long term. Unique features of this treatment are: a stimulating body peeling, a stimulating cupping glass treatment and a modelling cellulite massage.

For even more hydration and an improved metabolism, we recommend combining the cellulite programme with an algae pack. approx. 80 min € 95

Full body peeling with apricot kernels and hay extract approx. 25 min € 40
The gentle, efficient organic body peeling with hay flower extracts and ground apricot kernels cleanses the skin down to the pores, leaving it clear and radiant.

Starvac – bring your figure in form

A combination of an algae bath in our soft-pack tub and a machine treatment with suction cups and massage rollers. Stimulates the blood flow and circulation of lymphatic fluids, reducing cellulite and subcutaneous fat. Your legs will feel wonderfully light.

Single treatment approx. 50 min € 80
Package (5 treatments) € 357

Warm wax depilation

Face €10 - €20
Half leg € 29
Full leg € 57
Bikini zone € 17
Underarm € 17
Back € 28
Chest € 28

HANDS AND FEET

Pedicure approx. 50 min € 52
Care for feet to show off. Includes short foot massage and nail varnish.

Manicure approx. 25 min € 39
A well-groomed appearance up to the fingertips.
With nail varnish and massage approx. 50 min € 52

Pedicure or manicure

With permanent varnish approx. 50 min € 68



MASSAGES

THE CLASSICS

Full body massage approx. 50 min € 69

This full body massage has a positive and revitalising effect. Special grip techniques relax the tissue and promote blood circulation.

Partial body massage approx. 25 min € 42

This just feels so good! The classic relaxation massage strengthens you and gets you ready for the day.

Back

Legs

Face and head

Foot reflexology massage approx. 25 min € 42

This cosmetic massage stimulates the energy flow and has a relaxing effect on body and mind.

Harmony – a touch of the Caribbean approx. 50 min € 76

Would you like to relax like in the Caribbean? Then this full body massage is just right for you. Wrapped in the scent of the St Barth care oils, you relax deeply and also give the skin intensive moisture.

Slimness – loose legs approx. 25 min € 42

Soft massage with St Barth camphor and menthol oil quickly relieves and relaxes tired and heavy legs.

Detox lymph-stimulating massage

Thanks to gentle, rhythmical circling and pumping movements, this massage stimulates the lymphatic flow, reducing congestion and swelling in the tissues.

Full body approx. 50 min € 71

Legs approx. 25 min € 42

Face approx. 25 min € 40



Intense back programme approx. 50 min € 76

An uplifting back treatment with highly effective natural active ingredients. Singing bowls and cups relieve tension in the back muscles and improve spinal dynamics. Lasting relaxation for your back. Free yourself from stress and blockages.

RELAXING MASSAGES

Lomi Lomi Nui

The dance of the sea approx. 80 min € 125

This Hawaiian full body massage is performed with warm coconut oil. The wave-like movements have a relaxing and loosening effect on the whole body.

For expectant mothers approx. 50 min € 86

South Tyrolean herbal stamp massage approx. 50 min € 99

Enjoy the interplay of warm oil and stamps with Alpine herbs. A massage that stimulates blood circulation and has a harmonising effect. The aromatic oils provide new vitality for a fresh new start.

Hot Stone approx. 50 min € 75

The calming effect of hot lava stones stimulates the blood circulation and relaxes the muscles. A wonderful way to relax.

Relaxing head, neck, & shoulder massage approx. 50 min € 76

With this unique method, special massage grips and precisely effective plant extracts gently release tensions in the head, neck, and shoulder area. Deep touches and a controlled individual application technique ensure a pleasant relaxation and a break from the stress of everyday life. Microcirculation is promoted, vessels, sensory organs, and nerves are strengthened.

AYURVEDA

An indescribable form of relaxation: warm oil is poured onto every centimetre of skin. Ayurveda massages help harmonise the body's energy, detox tissues, and promote in-depth regeneration and cleansing processes. Radiance, energy and vitality return to you.

Abhyanga

Full body massage	approx. 50 min	€ 89
With forehead oil flow	approx. 80 min	€ 122

SPECIAL MESSAGES & CURATIVE MESSAGES

Intensive back massage

J. Salchenegger method approx. 50 min € 76
This special form of treatment with its long strokes, in combination with a cupping glass massage, activates the energy flow, improves the mobility of the spinal column, and relaxes the muscles in the back, neck, and lumbar muscles.

Sports massage approx. 50 min € 90
Active in sports? A special massage to release tensions after being active and to best support the regeneration of the muscles. The perfect choice for active people!

Craniosacral therapy approx. 50 min € 80
This gentle but effective method from the field of alternative medicine activates the self-healing powers. By targeting specific areas, this therapy helps to soothe pain and dissolve blockages.

Special curative massage

Our masseuse makes use of different massage techniques to attain a swift relief from pain. A treatment that is tailored to your individual needs.

Spine, shoulders/neck, pelvis/legs, head	approx. 50 min	€ 83
Full body	approx. 80 min	€ 120

FOR OUR LITTLE GUESTS

Manicure with colourful varnish approx. 25 min € 38

Cocoa or coconut massage approx. 25 min € 40
(also available as package)



TIP

If you book treatments worth € 250, you will get a 10% discount per room on all treatments (excluding products and offers).

TIP

The packages are particularly suitable as preparation for a massage.



PACKAGES IN THE SOFT-PACK TUB

A warm, comforting feeling of weightlessness comes over you. Duration: approx. 20 min

Alpine deep effect – € 43

purification bath with Alpine mud

A must for lovers of Alpine tradition. The Alpine mud smells extraordinarily good, in combination with natural sediments, it promotes the purification of the body through the skin and has an invigorating and strengthening effect. Deep care, natural, and powerful.

Gentle recovery – € 43

care package with marigold & chamomile

Look forward to a special pampering programme with marigold and chamomile. The activating and soothing ingredients have a balancing effect on sensitive and irritated skin. Your complexion becomes fresh again, your skin smooth and radiant.

Sweet seduction – € 43

apple & rose hip for more moisture

Treat your skin to a sensually fruity beauty bath. The apple extract is rich in vitamins, minerals, pectin, and waxes – the ideal active ingredients for the care of challenging skin. In combination with the precious rose hip, the well-being of your skin is particularly promoted and the loss of moisture is reduced. Your skin will look smoother and firmer.

Relaxation for the muscles – € 43

South Tyrolean hay

This first-class South Tyrolean hay is effective against tension, back, and limb pain. It also promotes blood circulation and strengthens the metabolism.

PACKAGES – TAILORED TO YOUR NEEDS

Give your body the care and relaxation it craves.



WOMEN ONLY

(also suitable for expectant mothers)

- Face treatment – Maria Galland method
- Full body scrub
- Pedicure & manicure with nail varnish

205 min | € 228



GENTLEMAN'S DAY

- Choice of package in the soft-pack tub
- Partial body massage
- Facial care

95 min | € 144



ONLY FOR KIDS

- Manicure with colourful varnish
- Cocoa or coconut massage

50 min | € 70



ST BARTH DREAM

- Facial treatment with a refreshing cucumber mask
- Harmonious full-body massage
- Manicure with nail varnish and massage

180 min | € 218

SPA ETIQUETTE

OPENING HOURS

Our spa is open daily for our guests, from 8 a.m. to 7 p.m. It is meant as a haven of peace and relaxation. Please respect this atmosphere.

RESERVATIONS

Our spa and reception team is happy to provide information! Please inform us about your desired treatment appointments when booking. **When booking spa treatments worth € 250 or more, you receive a discount of 10% per room on all treatments** (products and packages excluded).

Phone: +39 0471 960200, e-mail: info@seeleiten.it

MAKE TIME FOR ENJOYMENT

Take the time you need before coming to a treatment appointment. Enjoy the swimming pool and sauna, preparing your body, spirit, and mind for the treatments. To get the greatest benefit from your treatment, we recommend arriving to the spa area 10 minutes in advance.

SOLARIUM

Our high-quality Ergoline tanning beds are at your disposal at all times. We will be happy to advise you in this respect.

CLOTHING

Bathrobe and bathing slippers are appropriate wear for your spa visit. We recommend leaving your valuables in the hotel room safe.

DELAYS AND CANCELLATIONS

Please understand that arriving late may entail a reduction of your treatment time, out of consideration for the following guests. The treatment will be charged in full. Please inform us of cancellation at least 24 hours in advance. With short-notice changes or cancellations, the treatment will be charged in full.

GIFT VOUCHERS

Our spa vouchers are a wonderful gift for all occasions. Our staff are happy to assist you in selecting the perfect gift voucher from our range of options.

HEALTH CONDITIONS

If you suffer from any health condition, please inform us upon booking, since certain treatments could be unsuitable for you under particular circumstances.

We look forward to welcoming you!

Your spa team



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